# **Complete Summary**

#### **TITLE**

Health plan members' experiences: percentage of adult health plan members who reported how often their personal doctor communicated well.

# SOURCE(S)

CAHPS® health plan survey and reporting kit 2008. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); 2009 Jan. various p.

#### **Measure Domain**

#### PRIMARY MEASURE DOMAIN

Patient Experience

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the <u>Measure Validity</u> page.

## **SECONDARY MEASURE DOMAIN**

Does not apply to this measure

# **Brief Abstract**

#### **DESCRIPTION**

This measure is used to assess the percentage of respondents who indicated how often ("Never," "Sometimes," "Usually," or "Always") their personal doctor:

- Explained things in a way that was easy for them to understand
- Listened carefully to them
- Showed respect for what they had to say
- Spent enough time with them

The "How Well Doctors Communicate" composite measure is based on four questions in the CAHPS Health Plan Survey 4.0 (Adult Questionnaire).

**Note**: A composite score is calculated in which a higher score indicates better quality. Composite scores are intended for consumer-level reporting. Additionally, frequency distributions are available for plans or providers to use for quality improvement purposes.

#### **RATIONALE**

The Agency for Healthcare Research and Quality (AHRQ) (then called the Agency for Health Care Policy and Research, or AHCPR) initiated the CAHPS program in October 1995 to develop standardized survey tools for obtaining and reporting information on consumers' experiences with health care. The CAHPS consortium began by developing the CAHPS Health Plan Survey, an integrated set of carefully tested and standardized questionnaires and report formats that can be used to produce meaningful, reliable, and comparable information about the experiences of consumers enrolled in health plans.

The CAHPS Health Plan Survey is designed to generate information that consumers can use to choose health plans, that purchasers can use to assess the value of services they buy, and that health plans can use to assess their performance and improve their products and services. As AHRQ had intended, the survey can be used with all types of health insurance consumers--including Medicaid recipients, Medicare beneficiaries, and those who are commercially insured--and across the full range of health care delivery systems, from fee-for-service to managed care plans. The instruments also capture information about special groups, including individuals with chronic conditions and disabilities and families with children.

The National Committee for Quality Assurance (NCQA) requires health plans to submit measures from the CAHPS Health Plan Survey as part of their HEDIS submission and for accreditation purposes.

#### PRIMARY CLINICAL COMPONENT

Health care; members' experiences; physician communication

#### DENOMINATOR DESCRIPTION

Health plan members age 18 years and older who answered the "How Well Doctors Communicate" questions on the CAHPS Health Plan Survey 4.0 (Adult Questionnaire) (see the "Description of Case Finding" and the "Denominator Inclusions/Exclusions" fields in the Complete Summary)

## **NUMERATOR DESCRIPTION**

The number of "Never," "Sometimes," "Usually," or "Always" responses on the "How Well Doctors Communicate" questions (see the related "Numerator Inclusions/Exclusions" field in the Complete Summary)

# **Evidence Supporting the Measure**

## **EVIDENCE SUPPORTING THE CRITERION OF QUALITY**

- A formal consensus procedure involving experts in relevant clinical, methodological, and organizational sciences
- One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

# **Evidence Supporting Need for the Measure**

#### **NEED FOR THE MEASURE**

Use of this measure to improve performance Variation in quality for the performance measured

#### **EVIDENCE SUPPORTING NEED FOR THE MEASURE**

What consumers say about the quality of their health plans and medical care: The National CAHPS Benchmarking Database. CAHPS health plan survey chartbook. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); 2008 Oct. 43 p.

## State of Use of the Measure

#### STATE OF USE

Current routine use

#### **CURRENT USE**

Accreditation

Decision-making by businesses about health-plan purchasing
Decision-making by consumers about health plan/provider choice
External oversight/Department of Defense/TRICARE
External oversight/Medicaid
External oversight/Medicare
External oversight/State government program
Internal quality improvement
National reporting
Quality of care research

# **Application of Measure in its Current Use**

#### **CARE SETTING**

Managed Care Plans

#### PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Physicians

## LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Single Health Care Delivery Organizations

## **TARGET POPULATION AGE**

Age greater than or equal to 18 years

## **TARGET POPULATION GENDER**

Either male or female

#### STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

# **Characteristics of the Primary Clinical Component**

# INCIDENCE/PREVALENCE

Unspecified

## **ASSOCIATION WITH VULNERABLE POPULATIONS**

Unspecified

## **BURDEN OF ILLNESS**

Unspecified

## **UTILIZATION**

Unspecified

#### **COSTS**

Unspecified

**Institute of Medicine National Healthcare Quality Report Categories** 

#### **IOM CARE NEED**

End of Life Care Getting Better Living with Illness Staying Healthy

# **IOM DOMAIN**

Patient-centeredness

# **Data Collection for the Measure**

## **CASE FINDING**

Both users and nonusers of care

#### **DESCRIPTION OF CASE FINDING**

Health plan members age 18 years and older, who have been enrolled in:

• the commercial plan for 12 months or longer, with no more than one 45-day break in enrollment during the 12 months

#### OR

• a Medicaid plan or product for 6 months or longer, with no more than one 30-day break in enrollment during the 6 months.

#### **DENOMINATOR SAMPLING FRAME**

Enrollees or beneficiaries

## **DENOMINATOR INCLUSIONS/EXCLUSIONS**

#### Inclusions

Health plan members age 18 years and older who answered the "How Well Doctors Communicate" questions on the CAHPS Health Plan Survey 4.0 (Adult Questionnaire). Include refusals, non-response, and bad addresses/phone numbers.

#### **Exclusions**

- Individuals with coverage other than primary health coverage, such as a dental-only plan
- Deceased
- Ineligible (not enrolled in the plan)

#### **RELATIONSHIP OF DENOMINATOR TO NUMERATOR**

All cases in the denominator are equally eligible to appear in the numerator

#### **DENOMINATOR (INDEX) EVENT**

Patient Characteristic

## **DENOMINATOR TIME WINDOW**

Time window precedes index event

## **NUMERATOR INCLUSIONS/EXCLUSIONS**

#### **Inclusions**

The number of "Never," "Sometimes," "Usually," or "Always" responses on the "How Well Doctors Communicate" questions

From the responses, a composite score is calculated in which a higher score indicates better quality.

**Note**: Include all completed questionnaires. A questionnaire is considered complete if responses are available for 10 or more of a selected list of key CAHPS items. Refer to the original measure documentation for more information.

## **Exclusions**

Unspecified

# MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

#### **NUMERATOR TIME WINDOW**

Fixed time period

#### **DATA SOURCE**

Administrative data Patient survey

## **LEVEL OF DETERMINATION OF QUALITY**

Not Individual Case

#### **PRE-EXISTING INSTRUMENT USED**

Unspecified

# **Computation of the Measure**

#### **SCORING**

Non-weighted Score/Composite/Scale

#### INTERPRETATION OF SCORE

Better quality is associated with a higher score

#### **ALLOWANCE FOR PATIENT FACTORS**

Analysis by subgroup (stratification on patient factors, geographic factors, etc.) Case-mix adjustment

## **DESCRIPTION OF ALLOWANCE FOR PATIENT FACTORS**

CAHPS recommends adjusting the data for respondent age, education, and general health status.

If the sample size is sufficient, responses may be analyzed for specific subpopulations, such as respondents with chronic conditions.

#### STANDARD OF COMPARISON

External comparison at a point in time External comparison of time trends Internal time comparison

# **Evaluation of Measure Properties**

#### **EXTENT OF MEASURE TESTING**

The CAHPS Health Plan Survey has probably been tested more completely than any previously used consumer survey.

There are two different and complementary approaches to assessing the reliability and validity of a questionnaire (1) cognitive testing, which bases its assessments on feedback from interviews with people who are asked to react to the survey questions, and (2) psychometric testing, which bases its assessments on the analysis of data collected by using the questionnaire. Although many existing consumer questionnaires about health care have been tested primarily or exclusively using a psychometric approach, the CAHPS team views the combination of cognitive and psychometric approaches as essential to producing the best possible survey instruments. Consequently, both methods have been included in the development of the CAHPS survey.

The cognitive testing method provided useful information on respondents' perceptions of the response task, how respondents recalled and reported events, and how they interpreted specified reference periods. It also helped identify words that could be used to describe health care providers accurately and consistently across a range of consumers (e.g., commercially insured, Medicaid, fee-for-service, managed care, lower socioeconomic status [SES], middle SES, low literacy, higher literacy) and helped explore whether key words and concepts included in the core questions worked equally well in both English and Spanish.

The CAHPS consortium also tested each CAHPS reporting composite in focus groups with plan members. Cognitive interviews with consumers were conducted to ensure that the reporting composites and their labels were easily understood. Psychometric analyses using data collected during pilot tests were also conducted. These analyses indicated that both the composites and the items in each composite were reliable and valid measures of members' experiences. In addition, items in each reporting composite were tested and found to be internally consistent. For example, reliability coefficients (Cronbach's alpha) in one pilot test involving four health plans using the instrument that most resembled the final CAHPS 2.0 instrument ranged from a low of 0.68 for the "Getting Needed Care" composite to a high of 0.90 for the "How Well Doctors Communicate" composite.

These composites are positively associated with members' ratings of overall care provided by doctors and nurses and ratings of health plans.

In addition, the CAHPS development team, together with researchers from the National Committee on Quality Assurance (NCQA), conducted a detailed comparative analysis of the items in the CAHPS questionnaire and NCQA's Member Satisfaction Survey (MSS) from the fall of 1997 to the spring of 1998. These questionnaires were merged to form the 2.0 version of the CAHPS questionnaire. This testing is noteworthy because it was so extensive and because of the wide array of techniques used. These included focus groups, in-depth cognitive testing, pilot studies, methodological experiments, and large demonstration studies, such as the demonstrations in Washington State, Kansas, and New Jersey. NCQA also worked with the CAHPS consortium to conduct field tests of the 4.0 instrument with six health plans in spring 2005.

## **EVIDENCE FOR RELIABILITY/VALIDITY TESTING**

CAHPS®: Surveys and tools to advance patient-centered care [https://www.cahps.ahrq.gov/default.asp]. [internet]. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); [updated 2008 Feb 21]; [accessed 2007 Sep 05]. [3 p].

# **Identifying Information**

#### **ORIGINAL TITLE**

How well doctors communicate.

## **MEASURE COLLECTION**

**CAHPS Health Plan Survey** 

## **MEASURE SET NAME**

CAHPS Health Plan Survey 4.0, Adult Questionnaire

#### **SUBMITTER**

Agency for Healthcare Research and Quality

# **DEVELOPER**

Agency for Healthcare Research and Quality CAHPS Consortium Centers for Medicare & Medicaid Services

# **FUNDING SOURCE(S)**

Agency for Healthcare Research and Quality (AHRQ)

## **COMPOSITION OF THE GROUP THAT DEVELOPED THE MEASURE**

- Agency for Healthcare Research and Quality (AHRQ)
- American Institutes for Research (AIR)
- Harvard Medical School
- National Committee for Quality Assurance
- RAND
- Westat

## FINANCIAL DISCLOSURES/OTHER POTENTIAL CONFLICTS OF INTEREST

None

#### **ENDORSER**

National Quality Forum

#### **ADAPTATION**

Measure was not adapted from another source.

#### **RELEASE DATE**

1997 Mar

#### **REVISION DATE**

2009 Jan

#### **MEASURE STATUS**

This is the current release of the measure.

This measure updates a previous version: CAHPS® health plan survey and reporting kit 2007. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); 2006 Nov 14. Various p.

# SOURCE(S)

CAHPS® health plan survey and reporting kit 2008. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); 2009 Jan. various p.

#### **MEASURE AVAILABILITY**

The individual measure, "How Well Doctors Communicate," is published in the "CAHPS Health Plan Survey and Reporting Kit 2008." This Kit may be downloaded at the <u>CAHPS Web site</u>.

#### **COMPANION DOCUMENTS**

The following are available:

- What consumers say about the quality of their health plans and medical care: The National CAHPS Benchmarking Database. CAHPS health plan survey chartbook. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); 2008 Oct. 43 p. This document is available in Portable Document Format (PDF) from the CAHPS Web site.
- CAHPS® user resources: project management resources. [Web site].
   Rockville (MD): Agency for Healthcare Research and Quality (AHRQ);
   [updated 2008 Oct 29]; [accessed 2009 Mar 17]. [2 p]. Available from the CAHPS Web site.
- CAHPS® community. The report card compendium. [Web site]. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); [updated 2008 Oct 29]; [accessed 2009 Mar 17]. [2 p]. Available from the CAHPS Web site.
- CAHPS® survey and reporting kits. Project profiles. [Web site]. Rockville
  (MD): Agency for Healthcare Research and Quality (AHRQ); [updated 2008
  Oct 29]; [accessed 2009 Mar 17]. [2 p]. Available from the <u>CAHPS Web site</u>.
- CAHPS® survey and reporting kits. Reporting resources: downloadable documents. [Web site]. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); [updated 2009 Apr 23]; [accessed 2009 Mar 17]. [2 p]. Available from the CAHPS Web site.
- The CAHPS Improvement Guide. Practical strategies for improving the patient care experience. [Web site]. Rockville (MD): Agency for Healthcare Research and Quality (AHRQ); [updated 2008 Oct 27]; [accessed 2009 Mar 17]. [1 p]. This document is available in (PDF) from the <u>CAHPS Web site</u>.

# **NQMC STATUS**

This NQMC summary was completed by ECRI on April 24, 2007. The information was verified by the measure developer on June 15, 2007. This NQMC summary was updated by ECRI Institute on May 18, 2009.

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